

Center for Modern Psychoanalytic Studies

A New York State Licensure-Qualifying Institute

Chartered by the Board of Regents of the University of the State of New York

Sixteen West Tenth Street · New York, NY 10011-8707
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cmps

The Center for Modern Psychoanalytic Studies' (CMPS) **Certificate Program in Psychoanalysis**, one of the premier psychoanalytic programs in the country, offers students comprehensive training in the theory and practice of psychoanalysis. Our graduates are prepared to meet the clinical challenges of today, knowing how to utilize both their intellectual and emotional understanding to treat a wide range of mental disorders.

CMPS holds an absolute charter from the State of New York and is recognized by the State of New York as a licensure-qualifying institute for those seeking licensure in psychoanalysis. Bulletins are available at the Conference or by contacting the Center: 212.260.7050 · cmps@cmps.edu · www.cmps.edu

Informational Open Houses are held one Tuesday of each month at the Center to introduce prospective candidates to our program. For information or an appointment, contact CMPS: 212.260.7050 · cmps@cmps.edu.

Open House Dates: 2011: October 18, 5:30pm; November 15, 1:00pm; December 13, 5:30pm. **2012:** January 10, 1:00pm; February 7, 5:30pm; March 6, 1:00pm; April 4, 5:30pm; May 1, 1:00pm; June 5, 5:30pm.

CMPS Extension Division offers courses, conferences, workshops, and special events that bring a modern psychoanalytic perspective to a broad range of topics. Open to the lay and professional public.

CMPS One-Year Program is designed to enhance the work of professionals in the fields of mental health, education, the arts, humanities, and business, by introducing them to principles of modern psychoanalytic theory & technique.

The CMPS Research Library offers a catalogued collection of psychoanalytic books, journals, reprints, and reference publications. Wireless internet is available throughout the school.

Modern Psychoanalysis —the journal of CMPS, published since 1976, presents modern psychoanalytic ideas and techniques to practitioners and to interested outsiders. *Modern Psychoanalysis* is also available online through Psychoanalytic Electronic Publishing (PEP). For information, call the CMPS office: 212.260.7050.

New York Graduate School of Psychoanalysis

A Branch of the
Boston Graduate School of Psychoanalysis

Master of Arts in Psychoanalysis

■ Open Houses Held Monthly ■

NYGSP 16 West Tenth Street, NY NY 10011
212.260.050 · www.nygsp.bgsp.edu

The CMPS Consultation & Referral Service, located in the Center building, offers affordable short- and long-term therapy for a wide range of life's challenges including: anxiety, depression, addiction, job stress, difficult relationships, the challenges of adolescence, mid and late life, and family readiness and readjustment. For more information or to arrange an initial consultation call: 212.228.6036. Information also at: cmpsTalkingHelps.org or cmps.edu

Continuing Education Information

The Center for Modern Psychoanalytic Studies (CMPS) is approved by the American Psychological Association (APA) to offer continuing education for psychologists. The Center maintains responsibility for this program and its content. CMPS is also an approved provider of Continuing Education under the auspices of the Continuing Education Program of the NYS Chapter of the National Association of Social Workers (NASW). **Conference attendance is awarded 5 continuing education credits. CEC & CEU forms are available at the Conference registration desk and should be turned in at the end of the day.** For more Information: contact CMPS: 212.260.7050 · cmps@cmps.edu.



CENTER FOR MODERN PSYCHOANALYTIC STUDIES

Sixteen West Tenth Street, New York, NY 10011

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Creativity in the Modern
Analytic Frame:

Perspectives on Technique

CMPS Annual Conference

Saturday, November 12th, 2011

Creativity in the Modern Analytic Frame

Perspectives on Technique

Patricia Harte Bratt Mary Shepherd Elliot Zeisel Barbara D'Amato Stephen Day Ellis

CMPS Annual Conference Saturday, November 12, 2011

NYU's Eisner & Lubin Auditorium, the Helen & Martin Kimmel Center for University Life

60 Washington Square South, across from Washington Square Park, New York City

Creativity in the Modern Analytic Frame

Perspectives on Technique

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Modern psychoanalysis is fundamentally a theory of clinical technique. Hyman Spotnitz, the founder of modern psychoanalysis, developed an analytic method that enabled psychoanalysts to treat disorders, such as schizophrenia, once thought untreatable by classical analytic approaches. Today, modern analysts effectively utilize Spotnitz's techniques to treat neurosis, psychosis, borderline conditions, depression, and character disorders.

MODERN ANALYSTS STUDY how each patient processes destructive impulsivity and overstimulation in the "here-and-now" of the session. In addition to Oedipal issues, modern analysts address problems rooted in the preverbal unconscious—a time before language and cognition mediate experience—so patient-induced countertransference is understood as crucial data to help clinicians understand their patients. Emotional communication, joining, and mirroring are the major tools of modern analysis, with the goal of reaching the affective realm of the patient to help him or her put the experience of feeling into words. Current research into infant development confirms the efficacy of these techniques—infants develop a stable sense of self and an ability to mentalize when responded to in such ways.

IN MODERN ANALYTIC CURRICULUMS, students are trained in the disciplined yet intuitive use of feelings. In class and in their personal analyses, they study the feelings aroused in the presence of the patient. The ability to observe these feelings deepens their understanding of psychodynamics alive in the treatment room and allows the analyst to think and respond therapeutically.

THIS CONFERENCE OFFERS creative perspectives on modern analytic technique. Five distinguished speakers, representing four different modern analytic institutes, will present ideas about how they use modern analytic technique to help their patients and their students.

The morning session is devoted to innovative psychoanalytic clinical strategies with patients in individual and group treatment. The afternoon will focus on technique in modern analytic education, in both the classroom and the clinic.

WE CONCLUDE THE DAY with smaller workshops followed by a wine and cheese social — both a means to process a stimulating day.

Center for Modern Psychoanalytic Studies Annual Conference

Saturday, November 12th, 2011 – 9:00 AM-5:00 PM

■ NYU's Eisner & Lubin Auditorium, 60 Washington Square South, New York ■